



ALL DAY MENU

7AM - 3PM

117A ABBOTT ST, CAIRNS CITY QLD 4870

PHONE: (07) 4041 1918

V G O V O OPTIONS AVAILABLE

PUBLIC HOLIDAY SURCHARGE 15%

BREKKY BURRITO

Scrambled eggs, crispy bacon, chilli beans, cheese, caramelised onion, red cabbage, wrapped in a spinach tortilla with avocado & salsa

🌱 Scrambled tofu \$2.5

🌱 Halloumi

FULL HOUSE

Choice of eggs on ciabatta, bacon, crispy hash brown, roasted tomato, sauteed mushrooms, chilli beans, chipolatas

🌱 Scrambled tofu & avocado \$2.5

🌱 Halloumi

add avocado \$5.5

POACHIES

Poached eggs, ciabatta, avocado, cherry tomatoes, feta, dukkha

🌱 Scrambled tofu \$2.5

add bacon/halloumi \$5.5 each/smoked salmon \$6

THE FRITTER END 2.0 🌱

Broccoli, corn and red pepper fritters, smoked sweet potato hummus, grilled zucchini, avocado, spinach, spiced nuts

add scrambled tofu \$5.5

add poached eggs/bacon \$5.5 each/smoked salmon \$6

MR. BENNY

Poached eggs on ciabatta, sauteed spinach, sauteed mushrooms, hollandaise sauce

add bacon \$5.5

add smoked salmon \$6

PULLED BENNY

Poached eggs on ciabatta, smokey pulled pork, sauteed spinach, sauteed mushrooms, hollandaise sauce

BREKKY BURGER

Fried egg, bacon, caramelised onion, barbecue sauce, toasted brioche bun

POWER RANGER 🌱

Scrambled tofu, sauteed mushrooms, pickled cabbage, kale, asparagus, ciabatta, tahini sauce, beetroot dressing

PORTA-BELLA MUFFIN 🌱

English muffin, almond crumbed portobello mushroom, poached egg, broccoli, zucchini, arrabiata, beetroot dressing

🌱 Scrambled tofu \$1.5

add bacon \$5.5

EGGS YOUR WAY

2 eggs, Fried, scrambled or poached on toasted ciabatta

🌱 Scrambled tofu \$2.5

+ ADD ONE

Crispy hash brown/halloumi/sauteed mushrooms

Toast/chilli beans/tofu scramble

Poached eggs (2)/avocado/bacon/chicken

Smoked salmon/smokey pulled pork

\$5

\$5.5

\$5.5

\$6

\$18

\$24

\$18

\$23

\$19

\$25

\$14.5

\$18.5

\$19.5

\$11.5

DON PABLO 🌱

Quinoa, brown rice, chilli beans, avocado, chargrilled corn, tomato salsa, spiced cauliflower, red cabbage, poached egg, tortilla chips, green lemon tahini

🌱 Scrambled tofu \$5.5

add hash brown/halloumi \$5 each

add grilled chicken/smokey pulled pork \$5.5 each

GREEN GODDESS 🌱

Quinoa, brown rice, poached egg, charred asparagus, kale, spinach, smashed avocado, edamame, smoky chickpeas, green lemon tahini

🌱 Scrambled tofu \$5.5

add hash brown/halloumi \$5 each

add grilled chicken \$5.5

POKE BOWL 🌱

Quinoa, brown rice, avocado, chargrilled corn, cherry tomatoes, red cabbage, wakame, edamame, cucumber, roasted sesame dressing or soy sauce

add scrambled tofu \$5.5

add grilled chicken \$5.5

add raw salmon \$6

SUMMER SALAD 🌱

Watermelon, feta, spinach, cherry tomatoes, red onion, spiced nuts, balsamic reduction & olive oil

add grilled chicken \$5.5

CHICKEN SAMMY

Grilled chicken, bacon, avocado, spinach, peri peri mayo, ciabatta, fries

GRILLED CHICKEN TACOS

Red cabbage, avocado, red onion, tomato, peri peri sauce

CAULI TACOS 🌱

Spiced cauliflower, red cabbage, avocado, red onion, tomato, green lemon tahini

PULLED PORK TACOS

Crunchy slaw, cheese, smokey barbecue sauce, pickled cabbage

SAY CHEESE BURGER

Wagyu beef, cheese, pickles, caramelised onion, spinach, tomato, crave sauce, toasted brioche bun, fries

PULLED PORK BURGER

Pulled pork, crunchy slaw, pickles, smoky barbecue sauce, toasted brioche bun, fries

+ ADD ONE

Potato fries, tomato sauce

Sweet potato fries, garlic aioli

SML \$6 LRG \$10

SML \$8 LRG \$12

\$19

\$19

\$19

\$17

\$19.5

\$17

\$17

\$17

\$19.5

\$19.5

CRAVECAIRNS.COM.AU



DRINKS & BOWLS

7AM - 3PM

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100% dairy free

JUICES \$9,5

- GINGER ZAP**
Pineapple, lemon, ginger mint
- RED SUNSET**
watermelon, pineapple, strawberry
- TROPICANA**
Orange, mango, passionfruit
- MR. BEET**
Apple, beetroot, carrot, ginger
- GREEN DREAM**
Apple, kale, cucumber, celery
- MORNING GLOW**
Orange, carrot, celery
- ONE FRUIT** \$7
Choose orange, apple, watermelon or pineapple

ACAI BOWLS \$17.5

- CLASSIC**
Blend of acai, banana topped with crunchy granola, kiwifruit, strawberry, banana, coconut. blue berries and chia seeds
- NAKED MELON**
Blend of acai, mango and fresh watermelon juice topped with crunchy granola, coconut yoghurt, banana, strawberry, passionfruit and goji berries

KIDDIES UP TO 12YRS

- EGG ON TOAST** \$8
Fried, scrambled or poach
- MINI BENNY** \$9
Poached egg on ciabatta, sauteed spinach and hollandaise
- JUICY FRUITS** \$9
Seasonal fruit, granola, coconut yoghurt

SMOOTHIES \$10,5

- AMAZON**
Acai, banana, coconut water
- FLAMINGO**
Dragonfruit, banana, mango, coconut water
- HOLY BERRY**
Banana, mixed berries, agave nectar, coconut milk
- ISLAND BABY**
Orange, banana, mango, passionfruit, coconut water
- GREEN WARRIOR**
Fresh apple juice, banana, kale, cucumber
- MANGO LASSI**
Mango, coconut yoghurt, agave nectar, coconut milk
- MONKEY BUSINES**
Banana, coconut milk, agave nectar

SMOOTHIE BOWLS \$16.5

- PINK FLOYD**
Blend of dragonfruit, banana, mango and coconut water topped with crunchy granola, kiwifruit, banana, passionfruit, coconut and chia seeds
- SUNNY DAYS**
Blend of mango, banana, and fresh watermelon juice topped with crunchy granola, strawberries, banana passionfruit, coconut yogurt and goji berries

PROTEIN \$12

- MUSCLE BEACH**
Banana, peanut butter, vanilla protein, almond milk, agave nectar
- THE BOUNTY**
Banana, coconut yogurt, chocolate protein, coconut milk, agave nectar
- +** \$2
Add protein to any bowl or smoothie chocolate/vanilla/Green pri biotics

TROPICAL FRUIT BOWL \$14

Seasonal fruit topped with coconut yoghurt and passionfruit

PROTEIN BOWLS \$18.5

- PB & J**
blend of acai, banana, vanilla protein, peanut butter and almond milk topped with granola, strawberry, cacao nips, peanut butter and house made strawberry compote
- CHOCOLATE**
Blend of banana, strawberry, organic cacao, chocolate protein and almond milk topped with granola, banana cacao nips, strawberry and coconut

HOT DRINKS HOT CAFFEINE

- (Organic)
- Cappuccino / Flat White / Latte / Mocha SML\$5 REG\$5.5 X-LRG\$6.5
Extra shot (T/A ONLY) 80C
Syrup Caramel / Hazelnut / Vanilla 80C
Babycino 80C
Long Black / Short Macchiato / Piccolo 80C
Dirty Chai \$4.5
Espresso \$5.5
Hot Chocolate SINGLE \$4 / DOUBLE \$4.5
Loose Leaf Tea SMLS5 MED\$5.5 LRG\$6.2 SMLS 4.7LRG\$6
- English Breakfast / Green Tea / Chai / Organic Peppermint / Earl Grey

COLD DRINKS (Organic)

- COLD CAFFEINE
- Iced Latte \$6.7
Iced Mocha \$7
Iced Long Black \$5.7
Iced Chocolate \$6.7
- SOFT DRINKS
- Coca Cola / Coke No Sugar/ Lemonade \$3.7
Nu Water \$3.7
Sparkling Water \$4.7
Lemon, lime & bitters \$5

BEERS

- Great Northern \$8
Corona \$8.5

WINE 187ml bottle

- De Bortoli Semillon Sauvignon \$12
Blanc De Bortoli Shiraz Cabernet \$12
De Bortoli Prosecco \$12

COCKTAILS

- BLOODY MARY** \$17
Vodka, tomato juice, Worcestershire, lime, tabasco
- QUEEN B** \$13
Mimosa with freshly squeezed orange juice
- MANGO DAIQUIRI** \$17
Bacardi, mango, lime juice, sugar syrup, crushed ice
- STRAWBERRYDAIQUIRI** \$17
Bacardi, strawberries, lime juice, sugar syrup, crushed ice
- MOJITO CLASSIC** \$17
Passion fruit / Kiwi