



ALL DAY MENU

7AM - 3PM

117A ABBOTT ST, CAIRNS CITY QLD 4870

PHONE: (07) 4041 1918

V G O V O G F OPTIONS AVAILABLE

PUBLIC HOLIDAY SURCHARGE 15%

BREKKY BURRITO

Scrambled eggs, crispy bacon, cheese, caramelised onion, sauteed housed cabbage, wrapped in a spinach tortilla, peri peri sauce

Scrambled tofu \$2.5

Halloumi

\$19.9

FULL HOUSE

Choice of eggs on ciabatta, bacon, crispy hash brown, roasted tomato, sauteed mushrooms, chilli beans, chipolatas

Scrambled tofu & avocado \$2.5

Halloumi

add avocado \$6

\$26.5

POACHIES

Poached eggs, mini baguette, avocado, cherry tomatoes, feta, dukkha, balsamic vinegar, beetroot hummus

Scrambled tofu \$2.5

add bacon \$6/halloumi \$6/smoked salmon \$6

\$20.5

MR. BENNY

Poached eggs on ciabatta, sauteed spinach, sauteed mushrooms, hollandaise sauce

add bacon \$6/smoked salmon \$7/smokey pulled pork \$7

\$21

TRUFFLED SCRAMBLED

Scrambled eggs with truffle, avocado, sauteed mushrooms, on pumpkin bread

add bacon \$6/halloumi \$6/hash brown \$5

\$24.5

BREKKY BURGER

Fried egg, bacon, caramelised onion, barbecue sauce, toasted brioche bun

\$16

POWER RANGER

Scrambled tofu, sauteed mushrooms, pickled cabbage, kale, asparagus, ciabatta, tahini sauce, beetroot hummus

\$20

PORTA-BELLA MUFFIN

English muffin, peanut crumbed portobello mushroom, scrambled egg, broccoli, zucchini, arrabbiata, truffle aioli

Scrambled tofu \$6

add bacon \$6

\$23.5

EGGS YOUR WAY

2 eggs, Fried, scrambled or poached on toasted ciabatta

Scrambled tofu \$2.5

\$13

OMELETTE

eggs, cherry tomatoes, feta, sauteed spinach

add bacon \$6/mushrooms \$6/Cheese \$3

\$18

+ ADD ON'S

Crispy hash brown/ Toast/chilli beans

\$5

tofu scramble/sauteed mushrooms/halloumi

\$6

Poached eggs (2)/avocado/bacon/chicken/chipolatas

\$6

Smoked salmon/smokey pulled pork

\$7

DON PABLO

Quinoa, brown rice, chilli beans, avocado, chargrilled corn, tomato salsa, spiced cauliflower, sauteed house cabbage, poached egg, tortilla chips, peri peri

Scrambled tofu \$6

add hash brown \$5/halloumi \$6

add grilled chicken \$6/smokey pulled pork \$7

\$20.5

GREEN GODDESS

Quinoa, brown rice, poached egg, charred asparagus, kale, spinach, smashed avocado, edamame, smoky chickpeas, green lemon tahini

Scrambled tofu \$6

add hash brown \$5/halloumi \$6

add grilled chicken \$6

\$20.5

POKE BOWL

Quinoa, brown rice, avocado, chargrilled corn, cherry tomatoes, red cabbage, wakame, edamame, cucumber, roasted sesame dressing or soy sauce

add scrambled tofu \$6

add grilled chicken \$6

add raw salmon \$7

\$20.5

SUMMER SALAD

Watermelon, feta, spinach, cherry tomatoes, red onion, spiced nuts, balsamic reduction & olive oil

add grilled chicken \$6

\$19

CHICKEN SAMMY

Grilled chicken, bacon, avocado, spinach, peri peri mayo, toasted soft white baguette, fries

\$21.5

GRILLED CHICKEN TACOS

Herbed chicken, crunchy slaw, avocado, red onion, tomato, peri peri sauce

\$18.9

CAULI TACOS

Spiced cauliflower, Crunchy slaw, avocado, red onion, tomato, green lemon tahini

\$18.9

PULLED PORK TACOS

Smokey pulled pork, crunchy slaw, cheese, pickled onion, crave sauce

\$18.9

SAY CHEESE BURGER

Wagyu beef, cheese, pickles, caramelised onion, lettuce, tomato, crave sauce, toasted brioche bun, fries

\$22

SIDE CHICK BURGER

Marinated chicken, fried egg, sauteed spinach, tomato, onion, crave sauce, toasted brioche bun, fries

\$22

+ ADD ON'S

Potato fries + tomato sauce

Sweet potato fries + garlic aioli

SML \$7 LRG \$11

SML \$9 LRG \$13

CRAVECAIRNS.COM.AU



DRINKS & BOWLS

7AM - 3PM

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100% dairy free

JUICES \$9.9

GINGER ZAP
Pineapple, lemon, ginger mint

RED SUNSET
watermelon, pineapple, strawberry

TROPICANA
Orange, mango, passionfruit

MR. BEET
Apple, beetroot, carrot, ginger

GREEN DREAM
Apple, kale, cucumber, celery

MORNING GLOW
Orange, carrot, celery

ONE FRUIT \$7

Choose orange, apple, watermelon or pineapple

ACAI BOWLS \$19

CLASSIC
Blend of acai, banana topped with crunchy granola, kiwifruit, strawberry, banana, coconut. blue berries and chia seeds

NAKED MELON
Blend of acai, mango and fresh watermelon juice topped with crunchy granola, coconut yoghurt, banana, strawberry, passionfruit and goji berries

KIDDIES UP TO 12YRS

EGG ON TOAST \$9
Fried, scrambled or poach

MINI BENNY \$10
Poached egg on ciabatta, sauteed spinach and hollandaise

JUICY FRUITS \$10
Seasonal fruit, granola, coconut yoghurt

SMOOTHIES \$10.9

AMAZON
Acai, banana, coconut water

FLAMINGO
Dragonfruit, banana, mango, coconut water

HOLY BERRY
Banana, mixed berries, agave nectar, coconut milk

ISLAND BABY
Orange, banana, mango, passionfruit, coconut water

GREEN WARRIOR
Fresh apple juice, banana, kale, cucumber

MANGO LASSI
Mango, coconut yoghurt, agave nectar, coconut milk

MONKEY BUSINES
Banana, coconut milk, agave nectar

SMOOTHIE BOWLS \$18

PINK FLOYD
Blend of dragonfruit, banana, mango and coconut water topped with crunchy granola, kiwifruit, banana, passionfruit, coconut and chia seeds

SUNNY DAYS
Blend of mango, banana, and fresh watermelon juice topped with crunchy granola, strawberries, banana passionfruit, coconut yogurt and goji berries

PROTEIN \$12.9

MUSCLE BEACH
Banana, peanut butter, vanilla protein, almond milk, agave nectar

THE BOUNTY
Banana, coconut yogurt, chocolate protein, coconut milk, agave nectar

+
Add protein to any bowl or smoothie chocolate/vanilla/Green pri biotics \$2

TROPICAL FRUIT BOWL \$14

Seasonal fruit topped with coconut yoghurt and passionfruit 

PROTEIN BOWLS \$20

PB & J
blend of acai, banana, vanilla protein, peanut butter and almond milk topped with granola, strawberry, cacao nips, peanut butter and house made strawberry compote

CHOCOLATE
Blend of banana, strawberry, organic cacao, chocolate protein and almond milk topped with granola, banana cacao nips, strawberry and coconut

SUNSHINE BOWL \$12

Blend of mango, banana, and fresh watermelon juice on crunchy granola topped with strawberries, banana passionfruit, coconut yogurt and goji berries

HOT DRINKS

HOT CAFFEINE

7 Miles coffee roaster (Organic)

Cappuccino / Flat White / Latte / Mocha SML \$5 REG \$5.5 X-LRG \$6.5 (T/A cup ONLY)

Extra shot 50C

Syrup Caramel / Hazelnut / Vanilla 80C

Babycino \$1

Long Black / Short Macchiato / Piccolo \$4.5

Dirty Chai SML\$5 MED\$5.5 LRG\$6.5

Espresso SINGLE \$4 / DOUBLE \$4.5

Hot Chocolate SMLS5 MED\$5.5 LRG\$6.2

Loose Leaf Tea SML\$5 LRG\$6

English Breakfast / Green Tea / Chai / Organic Peppermint / Earl Grey

COLD DRINKS (Organic)

COLD CAFFEINE

Iced Latte \$6.7

Iced Mocha \$7.7

Iced Long Black \$5.7

Iced Chocolate \$6.7

SOFT DRINKS

Coca Cola / Coke No Sugar/ Lemonade \$4

Nu Water \$4

Sparkling Water \$4.7

Lemon, lime & bitters \$5.5

BEERS

Great Northern \$8.5

Corona \$8.5

COCKTAILS

BLOODY MARY \$17

Vodka, tomato juice, Worcestershire, lime, tabasco

MANGO DAIQUIRI \$17

Bacardi, mango, lime juice, sugar syrup

LYCHEE & GRAPEFRUITSPRITZ \$15

Grapefruit aperitif, lychee, lime, soda

MANGO HIGHBALL \$15

Tropical gin, mango, lemon, soda

PLUM PASSION \$15

Davidson plum gin, passionfruit, lemon, soda