



ALL DAY MENU

OPEN 7AM - 3PM

VG • Vegan / V • Vegetarian / GF • Gluten Free

FOLLOW US @CRAVECAIRNS

117A ABBOTT ST, CAIRNS CITY QLD 4870

PHONE: (07) 4041 1918

PUBLIC HOLIDAY SURCHARGE 15%

BREKKY BURRITO \$20

Scrambled eggs, crispy bacon, cheese, caramelised onion, sauteed housed cabbage, wrapped in a spinach tortilla, peri peri sauce

- Scrambled tofu \$2.5 [VG]
- Halloumi [V]

FULL HOUSE \$28

Choice of eggs on ciabatta, bacon, crispy hash brown, roasted tomato, sauteed mushrooms, chilli beans, chipolatas

- Scrambled tofu & avocado \$2.5 [VG]
- Halloumi [V]

add avocado \$6

POACHIES \$21

Poached eggs, mini baguette, avocado, cherry tomatoes, feta, dukkha, balsamic vinegar, beetroot hummus

- Scrambled tofu \$2.5 [VG]

add bacon \$6 / halloumi \$6 / smoked salmon \$6

MR. BENNY \$21

Poached eggs on ciabatta, sauteed spinach, sauteed mushrooms, hollandaise sauce

add bacon \$6 / smoked salmon \$7 / smokey pulled pork \$7

TRUFFLED SCRAMBLED [V] \$25

Scrambled eggs with truffle, avocado, sautéed mushrooms on pumpkin bread

add bacon \$6 / halloumi \$6 / hash brown \$5

BREKKY BURGER \$16.50

Fried egg, bacon, caramelised onion, barbecue sauce, toasted brioche bun

POWER RANGER [VG] \$20

Scrambled tofu, sauteed mushrooms, pickled cabbage, kale, asparagus, ciabatta, tahini sauce, beetroot hummus

PORTA-BELLA MUFFIN [V] \$24

English muffin, peanut crumbed portobello mushroom, scrambled egg, broccoli, zucchini, arrabiata, truffle aioli

- Scrambled tofu \$6 [VG]

add bacon \$6

EGGS YOUR WAY \$14

2 eggs, Fried, scrambled or poached on toasted ciabatta

- Scrambled tofu \$2.5 [VG]

OMELETTE [V] \$18

eggs, cherry tomatoes, feta, sauteed spinach

add bacon \$6 / mushrooms \$6 / cheese \$3 / ciabatta \$5

+ ADD ONS

Crispy hash brown / Toast / Chilli Beans \$5

Tofu Scramble / Sauteed Mushrooms / Halloumi \$6

Poached Eggs (2) / Avocado / Bacon / Chicken / Chipolatas \$6

Smoked Salmon / Smokey Pulled Pork \$7

DON PABLO [V/GF] \$21

Quinoa, brown rice, chilli beans, avocado, chargrilled corn, tomato salsa, spiced cauliflower, red cabbage, poached egg, tortilla chips, peri peri

- Scrambled Tofu \$6 [VG]

add hash brown \$5 / halloumi \$6 [V]

add grilled chicken \$6 / smokey pulled pork \$7

GREEN GODDESS [V/GF] \$21

Quinoa, brown rice, poached egg, charred asparagus, kale, spinach, smashed avocado, edamame, smokey chickpeas, green lemon tahini

- Scrambled Tofu \$6 [VG]

add hash brown \$5 / halloumi \$6 [V]

add grilled chicken \$6

POKE BOWL [VG] \$21

Quinoa, brown rice, avocado, chargrilled corn, cherry tomatoes, red cabbage, wakame, edamame, cucumber • roasted sesame dressing or soy sauce

add Scrambled Tofu \$6 [VG]

add Grilled Chicken \$6 / add Raw Salmon \$7

SUMMER SALAD [V/GF] \$20

Watermelon, feta, spinach, cherry tomatoes, red onion, spiced nuts, balsamic reduction & olive oil

add grilled chicken \$6

TACOS [3] \$19

GRILLED CHICKEN

Herbed chicken, crunchy slaw, avocado, red onion, tomato, peri peri sauce

CAULI [V]

Spiced cauliflower, crunchy slaw, avocado, red onion, tomato, green lemon tahini

PULLED PORK

Smokey pulled pork, crunchy slaw, cheese, pickled onion, crave sauce

SAY CHEESE BURGER \$23

Wagyu beef, cheese, pickles, caramelised onion, lettuce, tomato, crave sauce, toasted brioche bun

[Comes with fries on the side!]

SIDE CHICK BURGER \$23

Marinated chicken, fried egg, sauteed spinach, tomato, onion, crave sauce, toasted brioche bun

[Comes with fries on the side!]

CHICKEN SAMMY \$23

Grilled chicken, bacon, avocado, spinach, peri peri mayo, toasted soft white loaf

[Comes with fries on the side!]

+ ADD ONS

Potato fries + tomato sauce

SML \$7 / LRG \$11

Sweet potato fries + garlic aioli

SML \$9 / LRG \$13

TURN OVER FOR KIDS MEALS, DRINKS & SMOOTHIE BOWLS!



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JUICES

GINGER ZAP

Pineapple, lemon, ginger, mint

RED SUNSET

Watermelon, pineapple, strawberry

TROPICANA

Orange, mango, passionfruit

MR. BEET

Apple, beetroot, carrot, ginger

GREEN DREAM

Apple, kale, cucumber, celery

MORNING GLOW

Orange, carrot, celery

ONE FRUIT ONLY [\$8]

Choose orange, apple, watermelon or pineapple

\$10

SMOOTHIES

AMAZON

Acai, banana, coconut water

NEW! DAILY GRIND

shot organic coffee, almond milk, banana,
dash of agave, teaspoon of peanut butter

HOLY BERRY

Banana, mixed berries, agave nectar,
coconut milk

ISLAND BABY

Orange, banana, mango, passionfruit, coconut water

GREEN WARRIOR

Fresh apple juice, banana, kale, cucumber

MONKEY BUSINESS

Banana, coconut milk, agave nectar

MANGO LASSI

Mango, coconut yoghurt, agave nectar, coconut milk

\$11

PROTEIN SMOOTHIES

MUSCLE BEACH

Banana, peanut butter, vanilla
protein, almond milk, agave nectar

THE BOUNTY

Banana, coconut yogurt, chocolate
protein, coconut milk, agave nectar

Protein • Chocolate/Vanilla/Green probiotics **[\$2]**
Almond Butter **[\$2]**
Peanut Butter / Nutella **[\$1.5]**
Chia Seeds **[\$1]**
Cacao Nibs **[\$2]**

+ ADD TO ANY SMOOTHIE OR BOWL!

\$13

TROPICAL FRUIT BOWL

Seasonal fruit topped with coconut yoghurt and passionfruit

\$18

KIDS MENU

EGG ON TOAST

Fried, scrambled or poach

\$10

MINI BENNY

Poached egg on ciabatta,
sautéed spinach and
hollandaise

\$14

SUNSHINE BOWL [VG]

Blend of mango, banana,
and fresh watermelon juice
on crunchy granola topped
with strawberries, banana
passionfruit, coconut yogurt
and goji berries

\$15

NUGS & HUGS

Chicken nuggets and fries

\$11

CHEESE BURGER SLIDERS [2]

Wagyu beef, cheese, tomato
sauce, toasted brioche bun
Served with fries!

\$15

JUICY FRUITS [VG]

Seasonal fruit, granola,
coconut yoghurt

\$15

ACAI BOWLS

CLASSIC \$20

Blend of acai, banana topped with crunchy
granola, kiwifruit, strawberry, banana,
coconut. blue berries and chia seeds

NAKED MELON \$20

Blend of acai, mango and fresh watermelon
juice topped with crunchy granola,
coconut yoghurt, banana, strawberry,
passionfruit and goji berries

SMOOTHIE BOWLS

NEW! GREEN ISLAND \$20

avocado, coconut water, banana, kiwi fruit
topped with granola, coconut flakes,
kiwi fruit, banana and peanut butter

SUNNY DAYS \$20

Blend of mango, banana, and fresh
watermelon juice topped with crunchy
granola, strawberries, banana passionfruit,
coconut yogurt and goji berries

PROTEIN BOWLS

PB & J \$22

blend of acai, banana, vanilla protein, peanut
butter and almond milk topped with granola,
strawberry, cacao nips, peanut butter and
house made strawberry compote

CHOCOLATE \$22

Blend of banana, strawberry, organic cacao,
chocolate protein and almond milk topped
with granola, banana cacao nibs, strawberry
and coconut

HOT DRINKS

7 MILES COFFEE ROASTER [ORGANIC]

Cappuccino / Flat White / Latte / Mocha / Matcha

SML \$5 / REG \$5.5 / X-LRG \$6.5

Long Black / Short Macchiato / Piccolo

\$4.5

Dirty Chai

SML \$5 / MED \$5.5 / LRG \$6.5

Espresso

SINGLE \$4 / DOUBLE \$4.5

Babycino

\$2

+ ADD

Extra Shot **[50c]**

Syrup • Caramel / Hazelnut / Vanilla **[80c]**

MORE HOT

Hot Chocolate

SML \$5 / MED \$5.5 / LRG \$6.2

Loose Leaf Tea

SML \$5 / LRG \$6

English Breakfast / Green Tea / Chai /

Organic Peppermint / Earl Grey

COLD DRINKS

7 MILES COFFEE ROASTER [ORGANIC]

Iced Latte

\$6.7

Iced Mocha

\$7.7

Iced Long Black

\$5.7

Iced Matcha

\$7.3

+ ADD

Extra Shot **[50c]**

Syrup • Caramel / Hazelnut / Vanilla **[80c]**

MORE COLD

Iced Chocolate

\$6.7

Coca Cola / Coke No Sugar / Lemonade

\$4

Nu Water

\$4

Sparkling Water

\$4.7

Lemon, Lime & Bitters

\$5.5

COCKTAILS

MANGO HIGHBALL

Tropical gin, mango, lemon, soda

\$15

PLUM PASSION

Davidson plum gin,
passionfruit, lemon, soda

\$15

MANGO DAIQUIRI

Bacardi, mango, lime juice,
sugar syrup

\$17

BLOODY MARY

Vodka, tomato juice, lime,
tabasco, worcestershire

\$17

LYCHEE & GRAPEFRUIT SPRITZ

Grapefruit aperitif, lychee, lime, soda

\$15

BEER

Great Northern

\$8.5

Corona

\$8.5

TURN OVER FOR OUR ALL DAY MENU!